

Experiential Healing & Trauma Recovery Workshops Liability Waiver and Confidentiality Agreement

Purpose:

This waiver applies to any in-person or virtual workshop, seminar, or experiential event facilitated by **Paul Mundt**. These activities are designed for personal growth and emotional awareness and are **not** a substitute for psychotherapy, counseling, or medical treatment.

Assumption of Risk:

I understand that experiential workshops may involve deep emotional processes, breathwork, and guided exercises that can elicit strong emotional or physical reactions. I take full responsibility for my participation and for seeking professional support if needed after the workshop.

I hereby release Paul Mundt and any assisting facilitators from all liability, claims, or demands for injuries, emotional distress, or damages arising from my participation.

Confidentiality:

I acknowledge that confidentiality is essential to create a safe environment for all participants. I agree not to share or disclose any personal stories or information revealed during the sessions. Likewise, I understand that my own sharing will be treated with respect and confidentiality.

Health Disclosure:

I certify that I am in adequate physical and emotional condition to participate. I agree to inform the facilitator of any relevant medical or psychological considerations prior to attending.

Media Use (optional):

I consent to the limited use of group photographs or general workshop footage for educational or promotional purposes, provided no private or identifying information is revealed.

I consent I do not consent

Acknowledgment:

I have read and understood this Liability Waiver and Confidentiality Agreement. I voluntarily agree to these terms and assume full responsibility for my participation.

Participant Name: _____

Signature: _____ **Date:** _____